

COVID-19 Guidance for Organised outdoor Sport

When should this guide be used?	Where/who does it apply to?
<p>'General guidelines' (see below) should be followed at all times to reduce the risk of contracting COVID-19.</p> <p>'Actions in an outbreak' (over the page) are additional actions that may be carried out if there is a suspected or confirmed outbreak of COVID-19.</p>	<ul style="list-style-type: none"> • Applies to those who work in Organised Outdoor Sports • Potential employees / individuals (including children) that will be affected by this guidance: all those involved in a sport which is formally organised by a National Governing Body, club, charity, public body, instructor or company and adheres to the sport's National Governing Body's guidance.
<h3>General guidelines to prevent the spread of COVID-19:</h3>	
<p>Refer to the Working safely during coronavirus guidance (listed over the page) that has practical steps you can take.</p> <ul style="list-style-type: none"> • Carry out a COVID-19 risk assessment: refer to HSE guidance (listed over the page) and consult your staff or trade unions • Develop cleaning, handwashing and hygiene procedures: by ensuring hand wash basins are fully stocked and hand sanitiser is available. Increase the frequency of the cleaning and disinfection of objects and surfaces that are touched regularly. • Maintain 2m social distancing, where possible and put up signs to remind staff/customers of social distancing. • Take part in NHS Test and Trace by keeping a record of all your customers for 21 days, display the NHS QR code poster • Turn people away who are displaying Coronavirus symptoms 	
<h3>Priority Actions to prevent the spread of COVID-19</h3>	

- **Managing your customers, visitors and contractors:** Informing visitors about the business guidelines prior to and at arrival of the premises, also asking customers to book online, on apps or over the telephone to reduce queues and avoid congestion.
- **Closure of some facilities:** Facilities relating to purchase of goods i.e. sport equipment/ sport merchandise must remain closed alongside any food outlets
- **Social distancing: No limit on numbers for formally organised sports. However, you must not gather in groups greater than 6 unless from the same household or support bubble.**
- Display signage to advise visitors of the social distancing guidelines. Define one-way systems/ entry and exit points to reduce congestion and reduce maximum capacity number. Participants should socially distance when not actively participating in play
- Do not take part in pre-game handshake or celebratory activities. Discourage unnecessary transmission risk from shouting or conversing loudly
- **Prohibit the use of changing rooms:** Participants should arrive ready for play and refrain from showering or changing at the premises, however, toilet facilities can be utilised ensuring hand wash basins are fully stocked and hand sanitiser is available for use.
- **Equipment:** Avoid sharing equipment, if this is not possible, all equipment should be sanitised before and after use adhering to the contact times as displayed on the packaging. Ensure water fountains have signs prohibiting face to tap drinking and can only be used to refill containers or personal bottles.
- Ensure kit is taken home and not handled by a dedicated member of staff
- **Cleaning the workplace and management of waste:** For example, regular and thorough cleaning of the premises and hand contact surfaces. Setting clear use and cleaning guidance for toilets.

Workforce management:

- Minimising contacts around transactions, for example considering using contactless payments. Face coverings must be worn by staff and visitors in all indoor public areas such as indoor reception area's/toilets. Ensure visitors leave at the end of play to prevent any congregation.
- **Inbound and outbound goods:** For example, considering methods to reduce frequency of deliveries, like ordering larger quantities less often ensuring suitable storage facilities are available
- **Travelling to and from work:** Advice for your employee when the re-opening if business resumes <https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers>

Where you can find more information:

- **Working safely during the pandemic**
www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/5-steps-to-working-safely
- **NHS test and trace: workplace guidance** - www.gov.uk/guidance/nhs-test-and-trace-workplace-guidance
- **HSE Guidance** - www.hse.gov.uk/news/working-safely-during-coronavirus-outbreak.htm
- **Organised Sports-** <https://www.gov.uk/guidance/coronavirus-covid-19-grassroots-sports-guidance-for-safe-provision-including-team-sport-contact-combat-sport-and-organised-sport-events>
- **Social distancing-** <https://www.gov.uk/government/publications/how-to-stop-the-spread-of-coronavirus-covid-19/how-to-stop-the-spread-of-coronavirus-covid-19>

Actions in an outbreak: what you should do if you suspect an outbreak

When should I suspect an outbreak? People with symptoms (see [Guidance for households with possible or confirmed coronavirus \(COVID-19\) infection](#) – see above) should stay home and not come to work, and access testing as stated in current advice. Advice and information provided through contact tracing should be followed by all individuals with symptoms and anyone they have been in contact with.

There is a risk of infection being passed from person to person if someone has:

1. **Symptoms of COVID-19:** (new persistent cough, fever, or a loss of sense of smell and/or taste) or
2. **Confirmed COVID-19:** has received a positive test result for COVID-19 ([Guidance for households with possible or confirmed coronavirus \(COVID-19\) infection](#)- This risk of passing on COVID-19 is highest if the contact occurred either:
 - 48 hours before the individual developed symptoms or tested positive for COVID-19; or
 - Up to 7 days after developing symptoms or testing positive for COVID-19

Other useful documents:

- [COVID-19: getting tested](http://www.gov.uk/guidance/coronavirus-covid-19-getting-tested) - www.gov.uk/guidance/coronavirus-covid-19-getting-tested